






Autumn 2020 MENU

W/C MONTH 20/4,11/5,08/6,29/6,20/7,14/9,05/10

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|--|--|---|--|--|
| WEEK 1 |  U.S.A |  AFRICAN |  BRITISH |  CARIBBEAN |  BRITISH |
| | Mac 'n' Cheese | Moroccan Chicken Meatball Flatbread or Halal Moroccan Chicken Meatball Flatbread | Roast Turkey or Halal Roast Turkey with Stuffing, Roast Potatoes and Gravy | Jerk Chicken or Halal Jerk Chicken with Rice and Peas | Battered Fish Fillet with Chips |
| | Loaded Veggie Hotdog with Potato Wedges VE | Jollof Rice VE | Cauliflower and Cheese Croquette with Roast Potatoes and Gravy | Fruity Caribbean Quorn Curry with Rice and Peas | Cheese and Tomato Quiche with Chips |
| | BBQ Beans & Sweetcorn | Mixed Salad & Green Beans | Broccoli & Honey Roast Carrots | Sweetcorn and Green Beans | Baked Beans & Peas |
| | Big Apple Crumble and Custard | Banana Cake and Custard | Cinnamon Rice Pudding | Pineapple Turnover with Natural Yoghurt | Fruity Flapjack |

W/C MONTH 27/4,18/5,15/6,06/7,31/8,21/9,12/10

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---|--|---|--|--|
| WEEK 2 |  Indian |  Italian |  BRITISH |  spanish |  BRITISH |
| | Spinach and Potato Dhansak with Rice and Naan Bread VE | Beef Meatballs or Halal Beef Meatballs in Tomato Sauce with Pasta and Garlic Bread | Roast Chicken or Halal Roast Chicken with Stuffing, Roast Potatoes and Gravy | Beef Paella or Halal Beef Paella (Spanish Rice with Beef Mince) | Battered Fish Fillet with Chips |
| | Roasted Vegetable and Chickpea Balti with Rice and Naan Bread VE | Veggie Lasagne with Garlic Bread | Butterbean Bubble and Squeak with Gravy VE | Cheese, Pepper and Potato Tortilla (Spanish Omelette) with Diced Potatoes | Cheese Pasty with Chips |
| | Spiced Carrots and Cabbage | Roasted Vegetable Salad & Green Beans | Carrots & Roasted Parsnips | Crunchy Coleslaw & Sweetcorn | Baked Beans & Peas |
| | Pineapple Upside Down Cake with Custard | Peach Crunch Crumble and Custard | Frozen Yoghurt | Spanish Orange Cake with Vanilla Sauce | Chocolate Shortbread |

W/C MONTH 04/5,01/6,22/6,13/7,07/9,28/9,19/10

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|--|---|---|--|---|
| WEEK 3 |  MEXICAN |  Portuguese |  BRITISH |  GREEK |  Thai |
| | Vegetable Chilli Loaded Potato Skins with Tomato Salsa | Piri Piri Chicken or Halal Piri Piri Chicken Sub with Mint Yoghurt and Savoury Rice | Filled Yorkshire Pudding with * Pork, Chicken Sausages or Halal Chicken Sausages, Mashed Potato and Gravy | Greek Chicken Wrap or Halal Greek Chicken Wrap with Potato Salad | Thai Salmon Fishcakes or Battered Fish Fillet with Chips |
| | Bean & Cheese Quesadilla with Sour Cream, Tomato Salsa & Cajun Wedges | Chickpea Burger with Tomato Ketchup with Savoury Rice VE | Filled Yorkshire Pudding with Veggie Sausages, Mashed Potato and Gravy | Veggie Mince Pasticio | Thai Butternut Squash Curry with Chips or Rice VE |
| | Sweetcorn & Spicy Beans | Peas & Roasted Vegetable Salad | Cabbage & Carrots | Green Beans & Mixed Salad | Crunchy Asian Slaw & Peas |
| | Chocolate Brownie with Chocolate Sauce | Custard Tart with Summer Fruit Compote | Shortbread Finger with Peaches and Yoghurt | Fruit Pie with Custard | Ice Cream with Toffee Sauce |



Our Menu Supports Meat Free Monday!
A great way to support healthy eating and reduce climate change!

LOOK OUT FOR THE **VE** SYMBOL ON OUR MENU FOR SOME TASTY VEGAN OPTIONS.